REGISTRATION OPTIONS ONLINE:

www.abc25.org

If you are paying with a credit card, you must register online.

MAIL:

Return this form with check payment (payable to "The Scholarship and Grant Fund") by 4/6 to:
ABC/25 RUN/WALK
Scholarship and Grant Fund
126 East Wing Street, Suite 285
Arlington Heights, IL 60004

DROP OFF:

Complete this form with check payment (payable to "The Scholarship and Grant Fund") and return to your District 25 school office before 4/13.

RACE DAY:

Register at South Middle School starting at 6:30 am. Please note: you must register by 4/6 to be guaranteed a sports sack. You will not be guaranteed a sports sack on race day.

Visit www.abc25.org for more information on packet pickup and race day details.

SCHOLARSHIP AND GRANT FUND

The Scholarship and Grant Fund is a partnership between the Arlington Heights Council of PTAs and the ABC/25 Foundation and provides funding for college scholarships and grants to all District 25 schools. Since 1973, the Arlington Heights Council of PTAs has provided over \$350,000 in scholarships to high school seniors who attended District 25. Applications are reviewed by a committee of PTA members and District 25 administrators. Since the ABC/25 Foundation began, it has returned over \$950,000 in grants to District 25 schools. In recent years, the all school grants have funded iPod touches and iPads, updated maps and globes, workout facilities in the middle schools, and climbing walls in the elementary schools.

THANK YOU TO OUR SPONSORS





















Interested in being a sponsor? Sponsoring a leg of the race? Have your logo on the participant sports sack?

Contact Joyce Stenzel at jmstenzel@aol.com







Saturday, April 21, 2012

South Middle School 400 South Highland Avenue

Family Fun Activities: 7:45-8:30 am 5K Start: 8:00 am 1 Mile Start: 9:00 am Awards Ceremony: 9:45 am

You can run or walk! All ages welcome!

All proceeds benefit the Scholarship and Grant Fund, benefiting the education of District 25 students.

For more information, contact the race director, Doris Downing, at jmichallenge@gmail.com

Join us for the Just Move It! Challenge 2012

Runners and walkers of all ages and abilities are invited to participate in this family fun event.

District 25 students and staff – proudly wear your school spiritwear! There will be two District 25 school participation awards: one to the elementary school with the highest participation and one to the middle school with the highest level of participation.

Parents - walk or run with your kids. Invite your neighbors too! Children under 10 should be accompanied to the event by an adult.

Pre-registered participants will receive an information packet and sports sack with a free gift and health/ wellness materials.

Pre-registered participants can pick up their sports sack and race bibs at Runners High 'N Tri Thursday 4/19, Friday 4/20, or on race day.

Registration fee provides timing in one race. All fees are non-refundable.

Race day registration (cash/check only) will be available in the South Middle School gymnasium between 6:30 and 7:45 am.

Gear check will be available on race day.

Strollers will be allowed on both 5K and 1 mile courses. Participants with strollers will be asked to start behind runners and walkers. No dogs, bikes, skates, skateboards, or scooters allowed.

There will be limited street parking surrounding the school. Consider parking in the municipal lot at 22 S. Vail.

Post race refreshments will be available; water will be available at the start and finish line as well as along the 5K route.

Just Move It! 2012 t-shirts are available for purchase. T-shirts are short-sleeved and 100% cotton.

JUST MOVE IT! CHALLENGE 2012

Official Entry Form

(One paper registration form for each participant)

I am registering for	Course	Fee: Before 4/6	Fee: After 4/7	WAIVER AND RELEASE: I represent and warrant that I am at least 18 years old and that I have	
Adult (18+ years)	5K	\$20	\$25	the full authority to register, and to give this waiver, release, and consent on behalf of, all participants being registered by me. I acknowledge and agree that: there are risks of injury and damage in any physical fitness activity, including this run/walk; everyone is responsible for obtaining their personal physician's approval to participate in this run/walk or that of their child or ward; and, each participant participates in this run/walk at their own risk and assumes all risks, known and unknown, of physical injury, property damage, and loss in	
Adult (18+ years)	1 mile	\$20	\$25		
Youth (17 & under)	5K	\$10	\$10		
Youth (17 & under)	1 mile	\$10	\$10		
District 25 Staff	5K	\$15	\$20		
District 25 Staff	1 mile	\$15	\$20		
T-shirt (please circle Youth: L Adult: S M L X		\$10	\$10		
If you would like to make a donation to the Scholarship and Grant Fund, please enter the amount of your tax-deductible contribution: TOTAL:			 ::	connection with this run/walk event. In consideration of acceptance of this entry form and the opportunity to participate, I hereby fully and forever waive any and all claims against the event organizers, their sponsors, and each of their employees, volunteers, and other representatives	
Name				("Released Parties"). Further, I hereby release and hold harmless the Released Parties from and	
Street Address				against any and all injuries, damages, and losses sustained by me or any other participant registered by my submission of this entry form. I irrevocably	
City	St	ate	Zip	consent to the use by the Released Parties of my image, likeness, and statements, in whole and in	
Phone Age on Even			ent Day		
the purposes of promotion and advertising					
Email address		C	Sender	run/walk and future events.	
This participant is a c	urrent stu	dent at:			
Dryden Greenbrier	Ivy Hill		Patton	Signature (Parent/Guardian for those under 18) Date	
Westgate Windsor	South	Thomas			
Return your completed "Scholarship and Grant office or mail to: ABC/2 Suite 285, Arlington He	Fund" to y 25 RUN/W	our District 2 ALK, 126 E.	5 school	Emergency Contact Name	

Paying by credit card? Register online: www.abc25.org

Emergency Contact Phone